



Hotel, Spa & Golf Estate

The Spa at Selborne

PRICE LIST (as of December 2007)

Deep Cleanse	60min	R250.00
Revitalising Facial Treatment: a booster treatment for dull, stressed and tired skin.	60min	R350.00

Face Print Mask Treatment

Energising and revitalising treatment for dehydrated tired skin.	90min	R520.00
Soothing and decongesting treatment for dry sensitive skin.	90min	R520.00
Purifying and balancing treatment for oily problem skin.	90min	R520.00

Acne Facial Treatment: targeted treatment to purify and improve the appearance of a problem skin.	90min	R450.00
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Delicate and Soothing Treatment: a skincare treatment that calms even the most delicate and sensitive skin.	90min	R450.00
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Superior Whitening Treatment: targeted treatment to help reduce the appearance of pigmentation.	90min	R700.00
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Youth Response Treatment: a treatment to target the appearance of fine lines and wrinkles.	90min	R700.00
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Gent's Facial Treatment: an ultimate treatment in male grooming.

Detoxifying: recommended for dull complexions, smokers and stressed businessman.	90min	R450.00
Purifying: balances oil secretion and refines pores.	90min	R450.00
Energising: powerful anti-ageing treatment.	90min	R450.00
Purifying Back Treatment: a specialized "deep cleanse" for the back.	75min	R360.00
Eye Contour Treatment add on: especially designed to restore the eye area and diminish the signs of ageing.	30min	R295.00

MATISPA BODY WRAPS

Sheer Delight Treatment: A feast for the senses, utter well being for the body.	90min	R515.00
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"Sauna" Treatment: Intensely relaxing, a cocoon of sheer warmth.	90min	R515.00
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Vitamin Treatment: Help eliminate toxins with added toning benefits of orange.	90min	R515.00
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Rebalancing Treatment: To recharge your batteries	90min	R515.00
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Ice Cold Slimming Treatment: Helps eliminate bloatedness and water retention.	90min	R515.00
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MATISPA BODY EXFOLIATORS/SCRUBS

Intensely exfoliate the epidermis, leaving it beautifully soft.		
· Exfoliator with Green Tea: Gentle exfoliation.	30min	R210.00
· Exfoliator with Orange Zest : Gentle exfoliation.	30min	R210.00
· Crystal Exfoliator with Flower Petals: Medium exfoliation.	30min	R210.00
· Aromatic Hydrobath	30min	R180.00

MASSAGE THERAPY

Back Neck and Shoulder: a relaxing massage to relieve tension zones	30minutes 45minutes	R200.00 R240.00
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Swedish Massage: a full body, medium pressure European massage to ease tense muscles.	60minutes 90minutes	R330.00 R405.00
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Aromatherapy Massage: a blend of essential oils for a healing massage.	60minutes 90minutes	R350.00 R430.00
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Hotstone massage: a massage with the use of basalt stones to create harmony in the body	90minutes	R480.00
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Kahuna Massage: a Hawaiian style massage for increased circulation and relaxation	90minutes	R480.00
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Aroma Reflex Massage: a combination of aromatherapy massage and reflexology, the complete relaxation experience.	120minutes	R580.00
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Indian Head Massage: a traditional healing massage to relieve emotional stress.	20minutes 30minute	R150.00 R200.00
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Reflexology: a traditional healing massage by working on the body reflex points on the feet, a perfect way to relaxation.	45minutes	R280.00
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SPA PACKAGES

De-stress and Rejuvenate Package: hydro-bath, 45minute back neck and shoulder an Indian head massage.	1hr30minutes	R395.00
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Unwind Spa Day: hydro-bath, body exfoliation, Swedish massage, deep cleanse.	3hrs	R795.00
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Heaven for a Day: hydro-bath, full body scrub, hot stone massage, face print mask treatment plus eye contour treatment, hand and foot treatment.	5hrs	R1590.00
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Sanctuary Day Spa: hydro-bath, relaxing body wrap, aromatherapy massage, revitalising facial treatment, paraffin manicure and paraffin pedicure.	6hrs	R1590.00
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Bridal Day Spa: body scrub, hot stone massage, face print mask treatment, French manicure and French pedicure.	5hrs30minutes	R1590.00
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Golfers Retreat: golfers back massage, Indian head massage, leg treatment.	1hr30minutes	R395.00
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OPI HANDS AND FEET

Pedicure and paint	1hr	R250.00
French pedicure	1hr15minutes	R280.00
Manicure and paint	1hr	R200.00
French manicure	1hr15minutes	R230.00
Foot treatment	45minutes	R190.00
Re-varnish	30minutes	R75.00
French re-varnish	30minutes	R90.00
Paraffin wax	ADD ON	R65.00
French pedicure & French Manicure	2hrs	R420.00
Manicure and Pedicure	1hr45min	R375.00

WAXING

Brows or Lip or Chin or Sides	R35.00
Underarms	R50.00
Bikini or Forearms	R70.00
Full Bikini	R140.00
Full leg or Back or Chest	R150.00
Half Leg	R120.00
3/4leg or Top of leg	R130.00
Full Face	R150.00

THREADING

Brow or Chin or Lip or Sides	R30.00
Full Face	R125.00

TINTING

Eyelash	R60.00
Eyebrow	R50.00
Eyelash and Eyebrow	R95.00

CANCELLATION POLICY

- Please check in 15minutes prior to your treatment(s).
- Reserved appointments require four hour advance notice for rescheduling or cancellation , after which full price of the treatment(s) will be charged. Cancellation must be made directly with the Spa.
- Late arrivals will finish their treatments within the scheduled time while the fee will remain unchanged.
- Treatments and times are subject to availability.
- Prices are subject to change without prior notice.
- Business hours are between 8H00-19H00 Monday to Saturday and 8H00-17H00 on Sunday according to bookings.